DIETETICS AND NUTRITION

\_\_\_\_\_\_\_\_\_\_

Human Services

\_\_\_\_\_\_\_\_\_\_

*Introduction to Human Studies*

*Nutrition Across the Lifespan*

*Nutrition Science and Diet Therapy*

*Human Services Practicum*

*Level One*

*Level Four*

*Level Three*

*Level Two*

**ABOUT THE PROGRAM OF STUDY**

**Dual credit/dual enrollment options include:**

Tennessee Technological University-Nutrition Across the Lifespan

*Dietetics and Nutrition* is designed to prepare students for occupations that focus on nutritional well-being, such as a dietitian or nutritional counselor. While in this program of study, students investigate human needs, nutritional requirements and issues, nutrients and their relation to disease, and disease prevention. Upon completion of this program of study, students will graduate with a professional portfolio in preparation for future training at the postsecondary level.

**High School *Dietetics & Nutrition* Program of Study**

**CTSO Competitive Events**

FCCLA: Career Investigation, National Programs in Action, Nutrition and Wellness, & Sports Nutrition

**Work-based Learning:** Career Practicum

Human Services Practicum

**Certificate**

**Dietary Management**

TCAT Elizabethton

**Tennessee Specific Industry Certification** in Dietetics and Nutrition

**Associates**

**A.S. Degree-Exercise Science**

Nashville State Community College

**A.S. Degree- Dietetic Technician**

Southwest Tennessee Community College

**Bachelors+**

**B.S. in Nutrition and Dietetics** plus pass CDR Examination & Application of RD/Nutritionist License

Carson-Newman College

East Tennessee State University

Lipscomb University

Middle Tennessee State University

Tennessee State University

Tennessee Tech University

University of Memphis

University of Tennessee

Vanderbilt University

Dietary Assistant, $21,030

**High School Diploma**

Dietary Manager, $48,560

**Certificate**

Dietetic Technician, $26,040

Dietary Aide, $26,040

**Associates**

Dietitians & Nutritionists, $52,265

**Bachelors**

This is not an exhaustive list of all of the opportunities available in Tennessee.

**CAREER OPPORTUNITIES**

The *Dietetics and Nutrition* occupation group is projected to grow by 17 percent in Tennessee between 2014 and 2024. Job opportunities are strongest in urban and suburban areas of Tennessee. The job outlook for this program of study in Tennessee is as follows: 14.8 percent increase for dietitians and nutritionists, 24.8 percent increase for health educators, and a 12.2 percent increase for dietetic technicians by 2024.



**Employment Projections for Dietitians and Nutritionists in Tennessee (2014-2024)**



**POSTSECONDARY OPTIONS**

|  |  |
| --- | --- |
| **School** | **Degree Program** |
| Nashville State Community College | Exercise Science |
| Southwest Tennessee  Community College | Dietetic Technician |
| Volunteer State Community College | Health & Physical Education |

For more college and career planning resources, visit <http://collegefortn.org>.

Have you registered for the Tennessee Promise? Seniors enrolled in this program have the chance to attend a two-year program at a Tennessee College of Applied Technology (TCAT), community college, or some two-year university programs for free! To learn more, please see your school counselor or visit <http://www.tennesseepromise.gov>. 

***Dietetics and Nutrition* Related Occupations with the Most Annual Average Openings in Tennessee (2014-2024)**

|  |  |  |
| --- | --- | --- |
| Occupations | Total Percent Change | Total Annual Avg. Openings |
| Athletic Trainers | 12.00% | 25 |
| Community Health Workers | 16.90% | 30 |
| Dietetic Technicians | 12.20% | 20 |
| Dietitians and Nutritionists | 14.80% | 35 |
| Health Educators | 24.80% | 55 |
| Healthcare Social Workers | 16.60% | 135 |
| Source: TN Dept of Labor & Workforce Dev, Div Emp Sec, R&S Downloaded: 01/17/2018 10:10 AM | | |

Students in this program of study will be eligible to join FCCLA, Family, Career and Community Leaders of America. In addition to school events, students will be able to compete at the district, state, and national levels. Involvement in FCCLA offers students the opportunity to expand their leadership potential and develop skills for life—planning, goal setting, problem solving, decision making, and interpersonal communication—necessary in the home and workplace. Walk away from your high school career with experience in competing, networking, applying course content, and more! See your adviser to learn more about FCCLA or visit <http://www.tennesseefccla.org>.

**For more information, contact:**

**School High School**

**County Name Schools**

**CTE Director: Name**

**Email**

**Instructor: Name**

**Email**